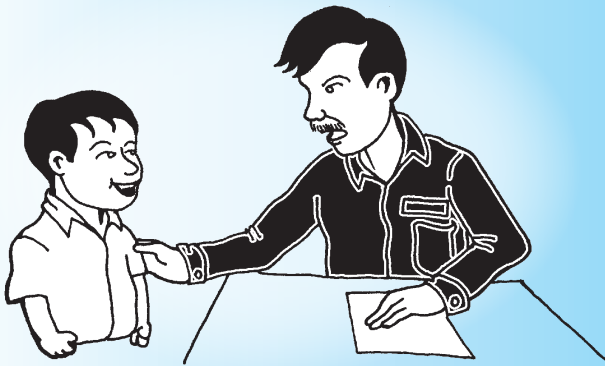


HOW CAN I HELP?

- Stay calm and confident.
- Believe the child.
- Comfort and reassure the child.
- Protect the child from further abuse.
- Get medical attention for the child immediately.
- Report to the Social Welfare Department / Police.
- Tell her that it is not her fault.
- Allow expression of feeling.
- Listen but do not pressure for information.
- Do not try to handle the abuser yourself.
- Get the child to resume a normal life.
- Continue support and reassurance.



HOW CAN I PREVENT CHILD SEXUAL ABUSE?

- Raise public awareness on child sexual abuse.
- Change societal attitudes towards victims of sexual abuse.
- Teach children to respect each other's body.
- Challenge sexist remarks and sex role stereotyping in society.
- Overcome shame and stigma associated with sexual abuse.

USEFUL PENANG AGENCIES

Police Department

| | |
|------------------------|----------|
| • Penang(headquarters) | 222 1522 |
| • Jelutong | 282 5922 |
| • Balik Pulau | 866 9222 |
| • Pulau Tikus | 228 0422 |
| • Sungai Nibong | 643 0222 |
| • Ayer Itam | 826 8522 |
| • Timur Laut | 229 2222 |
| • Butterworth | 576 2222 |
| • Bukit Mertajam | 538 2222 |

Welfare Department

| | |
|-----------------------|----------|
| • KOMTAR | 650 5259 |
| • Daerah Timur Laut | 226 4531 |
| • Daerah Barat Daya | 866 8442 |
| • Bukit Mertajam | 538 2584 |
| • Butterworth | 331 3455 |
| • Jawi / Nibong Tebal | 582 1798 |

Hospital (Emergency & Trauma Department)

| | |
|---------------------------|----------|
| • Penang General Hospital | 222 5333 |
| • Hospital Seberang Jaya | 382 7333 |
| • Hospital Balik Pulau | 866 9333 |
| • Hospital Bukit Mertajam | 538 3333 |
| • Hospital Sungai Bakap | 582 4333 |
| • Hospital Kepala Batas | 579 3333 |

Other Organisations

| | |
|---------------------------------|----------|
| • Children's Protection Society | 829 4046 |
| • Legal Aid Department | 229 0966 |
| • Talian Nur | 15999 |

RESOURCES AVAILABLE FROM WCC

1. Educational package on child sexual abuse, *Be Smart, Be Safe*. This includes:
 - A teacher's guidebook, *Teaching Children to Be Safe*
 - A children's booklet, *Saya dan Suara Kecil Saya*
 - WCC VCD, *OK Tak OK, Siri 2* on personal safety
 - A children's learning aid, *Wheel of Action*
2. A handbook on *Working with Rape Survivors*
3. A pamphlet on *Child Sexual Abuse*
4. A cartoon book, *Nina and her Secret*



WOMEN'S CENTRE FOR CHANGE
PUSAT KESEDARAN WANITA
(formerly Women's Crisis Centre /
Pusat Krisis Wanita)

Sponsor



MMK Women, Family and
Community Development

Child Sexual Abuse

*It can happen to
your own
child!*



Contact us:

WOMEN'S CENTRE FOR CHANGE (WCC)

24-D Jalan Jones, 10250 Penang, Malaysia

Tel: 04-228 0342 • Fax: 04-228 5784

Email: wcc@wccpenang.org • Website: www.wccpenang.org

PUSAT PERKHIDMATAN WANITA (PPW) SEBERANG PERAI

67A, Tingkat 1, Jalan Perai Jaya 4, Bandar Perai Jaya, 13600 Perai

Tel: 04-3988340 Fax: 04-3988341 • Email: ppwsp@streamyx.com

WHAT IS CHILD SEXUAL ABUSE?

Child sexual abuse is the exploitation of a child for the sexual gratification of an adult or an older person. If a child is subjected to sexual intercourse by a family member, it is called incest.

WHAT IT IS NOT

Child sexual abuse should not be confused with physical contact between an adult and a child that are fond or playful expressions of love. Responsible adults limit their physical exchange with a child, respecting the child and at the same time maintaining a warm, healthy and affectionate relationship.

SCOPE & STATISTICS

According to statistics from the Department of Social Welfare Malaysia, cases related to child sexual abuse made up 31% of the total number of child abuse cases reported in 2009. Approximately 95% of these child sexual abuse victims were girls and 5% were boys.

Police statistics (2006) showed that 67% of incest victims were below 16 years of age and 49% of incest perpetrators were biological or step fathers.

Child sexual abuse happens in all ethnic and religious groups as well as different socio-economic levels.

WHO ABUSES?

Anyone who is in the position of authority and has access to children can abuse them. In 90% of reported cases, the offender is someone known to the child e.g. parents, relatives, neighbours, friends, etc.

HOW DOES THE ABUSE OCCUR ?

Child sexual abuse occurs in the following ways:

Non-physical contact

- verbal stimulation
- obscene phone calls
- exhibitionism
- exploitation e.g., prostitution / pornography

Physical contact

- fondling child's genitals
- making child fondle offender's genitals
- actual or attempted penetration of child's vagina, mouth or anus with an object, offender's fingers and / or penis

HOW CAN I TELL IF A CHILD IS ABUSED?

Victims of sexual abuse can have the following signs and symptoms:

Physical

- Reddening / itching of genitals or anus
- Pain or injury of genitals / anus
- Pain in passing urine
- Vaginal / penile discharge
- Abdominal pains
- Venereal diseases
- Pregnancy

Behavioural

- Clinging behaviour
- Withdrawal / thumb-sucking
- Bed-wetting inappropriate for age
- Truancy
- Poor school performance
- Running away
- Alcohol and drug abuse
- Suicide attempts
- Excessive masturbation
- Seductive behaviour
- Sexual knowledge and activities inappropriate for age

Psychological

Depression manifesting in somatic complaints such as:

- Headache
- Stomach ache
- Chest pain
- Fatigue
- Insomnia
- Fainting spells
- Tearful
- Hysteria
 - Irrational fears
 - Appetite loss
 - Lack of concentration
 - Low self-esteem



Child Sexual Abuse